



The Maple Beech and Cameron Lakes Area Property Owners Association

Annual General Meeting Saturday July 13, 2019

9:30 A.M. Sharp

Stanhope Firefighters Hall

Meeting Agenda

Welcome to your AGM – opening remarks

Guest Speakers

Mr. Ted Spence from the Coalition For Equitable Water Flow

Mr. Doug Norris from the Abbey Garden Retreat Centre

Five-Minute Break

Acceptance of Minutes of the Meeting Report from 2018 AGM

MBC Executive Committee Reports

Bill Missen – Financial Report

Bill Missen - Communications

Charlie O'Connor – Membership

Phil Carroll – Social

Murray Adam – Environmental

2019/2020 Executive Elections – Quorum Must Be Met

Floor Open to Membership

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The Abbey Retreat Centre – What is it?



The Abbey Retreat Centre is a not-for profit organization located on the grounds of Abbey Gardens (a local “destination” for both locals and tourists alike!). It’s a new organization that is developing and offering a suite of wellness retreat programs.

Its primary wellness program (and the one it is currently best known for) is the free, four-day retreats offered to those living with cancer and their primary support person. These retreats provide a supportive, caring environment that embraces the "whole person approach" to healing and wellness, providing integrative cancer care and support. One recent participant explained that this four-day retreat offered "... a wonderful, welcome, and timely opportunity... to me and my spouse...at such an intense, emotional, and stressful time in our lives".

The Abbey Retreat Centre (or ARC as it is sometimes called) also offers day programs that focus on "whole person care". This complementary programming is offered and based on local interests (e.g.: horticulture, cooking, art, yoga, meditation). These day programs can be offered independently or in partnership with Abbey Gardens and/or other local businesses and community groups.

Interestingly, options also exist for complementary programming by independent businesses, community partners or individuals to rent retreat space or the entire centre when not in use for its retreat programs.

The retreat centre itself is a modern, clean and bright facility, offering 4 bedrooms, 3 meeting areas, an office space and room for both indoor and outdoor activities. It is located in a beautiful, quiet, and peaceful natural setting which totally complements the retreat's purpose and programs!

For more information about the Abbey Retreat Centre, come to MBC's annual general meeting where you can hear firsthand about the retreat from Doug Norris, ARC Executive Director (and a fellow member of the MBC Lake Association!). You can also visit www.abbeyretreatcentre.ca.

*All information taken from the ARC marketing brochure



Re Capping Our Surviving Summer...Safely Presentation May 25, 2019

Our first event of MBC Speaker Series exceeded expectations. Haliburton County Warden, Deputy Mayor and Councilor Liz Danielsen kicked the meeting with a welcome and opening remarks.

MBC's social committee introduced Marta Scythes a canoe instructor and water safety specialist from The Ontario Recreational Canoeing & Kayaking Association. Marta spoke about the need for proper life jackets, there are so many that just don't work well. Her water safety information was timely with the start of swimming and boating season.

Mike Cavanagh, Fire Chief for Algonquin Highlands talked about safety around the home and things that sometimes go terribly wrong in the great outdoors. He provided lots of cautionary tips for fire safety and precautions to take.

Jo-Ann Hendry, Deputy Chief of Quality Assurance and Education for Haliburton County Paramedics talked about the issues they see every day. She spoke of the dangers and dangerous things people do that end up requiring their assistance. Jo-Ann talked about some very personal experiences of tragedies. Things that perhaps could have been avoided, certainly a little education goes a long way to keeping us safe.

We had visitors from a number of other lakes and everyone left knowing a little more about keeping themselves and their family and friends a little safer.

Both The Highlander and Minden Times had reporters to covering the seminar. MBC received extensive news and editorial coverage in those papers as well as County Life. We are working on getting links to the articles that will be posted on the MBC Web Site.

Thanks to MBC Executives Phil and Heather Carroll, MBC Volunteers and fellow Executive members for making this such an informative event.



MBC Corn Roast and BBQ Saturday August 24, 2019

Plans are well underway for our first ever MBC Members Corn Roast and BBQ. Entertainment has been booked the BBQ is ready to go. We just need you.

You will be asked at the AGM about attending and the number of people you are bringing along. If you cannot attend the AGM please give it some thought and let us know by August 1, 2019 at

presidentmbclakes@gmail.com. We want to be prepared.

It will be an event by donation. We have some local companies who have stepped up; Walker Heating and Cooling is looking after the musical entertainment. West Guilford Shopping Center is helping with the food and the BBQ.

We are excited about this opportunity to get together to share some food and fun. Get to know your neighbours, fellow MBC Members and cottage owners.

The Maple Beech and Cameron Lakes Area Property Owners Association

MBC Supporters

These folks have stepped up to support our Association by providing products, labour or a monetary donation. Please reciprocate by supporting them when you can.

The Wine Store, Minden, Ontario

West Guilford Shopping Centre

Northland Marine, Carnarvon, Ontario

Thomas Contracting, Carnarvon, Ontario

SIRCH, Haliburton County

Abbey Gardens, West Guilford, Ontario

Thermo Seal Insulation, Utterson, Ontario

Royal LePage – Trillium Team Realtors, Haliburton County

Welch Garage Doors, West Guilford, Ontario

Emmerson Lumber, Carnarvon and Haliburton, Ontario

Salus Marine

Walkers Heating and Cooling Systems

Haliburton Driving Range

Canadian Tire, Minden, Ontario

EcoEthic Septic Treatment

Eco-max Cleaning Products

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Francis Thomas Contracting Celebrates 85 Years in Business.

MBC Sponsor and Supporter, Francis Thomas Contracting celebrates a milestone this year. In a very competitive business 85 years young, clearly they must be doing something right to keep customers and employees happy.

Thomas has done a lot of work in our area over the years; they have maintained the 25th Line cottage road, which so many MBC members rely on for over 30 YEARS. We have come to count on them for their exceptional reliability.

To celebrate Thomas Contracting is holding an Open House at their facility on Highway 35 in Carnarvon on July 20, 2019 from 11:00 a.m. to 3:00 p.m. Drop in and say hello, they would be pleased to have you.

Congratulations Francis Thomas Contracting and again thank you for your support.



Abbey Gardens -- What's it all About?



Abbey Gardens, located on Hwy 118 by West Guilford, has become a destination for locals and a tourist site for many visitors to Haliburton County.

When people describe it, Abbey Gardens sounds like it might be (depending on who you are listening to!) an organic food store, a small cafe that provides natural food offerings, an education centre for children, a petting farm, a place for outdoor enthusiasts, and a place with several independent businesses (such as a small brewery), as well as a not-for-profit wellness retreat centre for individuals living with cancer.

These various descriptions could mistakenly give the impression that it's a "hodgepodge" of "this and that", begging one to ask "what exactly is Abbey Gardens?"

In its present state, it's a parcel of land (380 acres!) that operates as a not-for-profit registered charity governed by a nine-person Board of Governors. Essentially it plows its profits back into the organization to fund and support educational programs and facilities that showcase the importance of living sustainably.

It was founded by a local retired business man named John Patterson. John had a dream to reclaim and transform the former gravel pit into a green space. His dream was inspired by Butchart Gardens in British Columbia and the Eden Project in the United Kingdom – both are examples of former rehabilitated open mines that had been transformed in to world class gardens.

John dreamt in technicolour.... broadening his vision to include the means by which economic and recreational opportunities could be brought to Haliburton countyAND in a manner that clearly demonstrated the importance of living sustainably.

Economic development is initiated by Abbey Gardens inviting (or receiving inquiries from) like-minded new or established businesses/organizations that wish to join them in implementing and showcasing sustainable living practices. The independent businesses pay a fee to Abbey Gardens and actively mentor each other, sharing infrastructure, resources and marketing costs, while collaborating on educational events about sustainable living. A definite win-win for all participants!

Recreational opportunities are offered through interpretive nature trails, guided hikes through the trail system, children and adult programming events (e.g.: the importance of maintaining a natural shoreline), and picnic areas in which one can enjoy fresh air, sunshine and the positive effects of being surrounded by a beautiful, natural setting.

In a nutshell, everything Abbey Gardens does on site helps further their mission to create opportunities to learn about living more sustainably. For example, if you want to learn about local food, gardening, alternative energy sources, sustainable construction techniques, land restoration or natural cooking techniques, this is the place to visit! Their site also features

food shopping opportunities through the “Food Hub”, which is essentially a small cafe that is also a food market, selling delicious home grown and all-natural food products.

In essence Abbey Gardens reflects its namesake. An abbey is, after all, “a place that cares for the broader community”.

To learn more about Abbey Gardens, click here visit their website: www.abbeygardens.ca



17th Annual Stanhope Heritage Day

Celebrating The Pioneering Heritage of Arts, Crafts and Trades

Algonquin Highlands

Stanhope Heritage Day is being held on Saturday July 20, 2019 at 1123 North Shore Road, Algonquin Highlands. It runs from 9:00 a.m. to 2:00 p.m. The admission is \$3.00 per person with children under 5 admitted free.

For the kids there will be lots to do. They can meet farm animals and beasties native to Ontario up close. Pony Rides and Face Painting are available; also interactive demonstrations or the opportunity to try their hand at traditional games.

For the adults there is an antique car show this year along with displays of handcrafted quilts, pottery, rug hooking and antique firearms. We have some very talented folks in this area from potters to musicians there is something for everyone. It is a wonderful opportunity to learn a little more about the history of our community.

For all members who have a sweet tooth did I mention there is a butter tart contest? A treat not to be missed.



To JOIN or RENEW Your 2019 Membership
Click Here

You can download and print the 2019 Membership form by clicking here

